



Wiley Park Public School

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27 May 2024

COVID cases on the increase

As the weather gets colder, a family of highly transmissible COVID-19 subvariants has been detected in Australia.

We have had several students and staff unwell with COVID or the flu.

If your child is unwell, please Do Not send them to school.

Common Symptoms of COVID

Fever or chills

Cough

Fatigue

Muscle or body aches

Headache

Congestion

Nausea

Diarrhoea

What is the quickest way to get rid of COVID

Rest

Drink plenty of water.

Sip warm fluids to soothe a sore throat.

Take over the counter medication (paracetamol or ibuprofen)

Make sure the room you are in has good air circulation.

See a doctor or pharmacist to get further advice.

Rene Demos

Principal