

## Being Cyber Safe

Dear Parents/Carers

As the holidays approach, this is a general reminder of the importance of monitoring your child's online behaviour. Below are some tips from the Department of Education.

### How do I keep my child safe?

There are a number of key ways to keep your child safe online.

- Only allow your child to use Technology in a central room of the house, such as a lounge room.
- Remind your child to tell a trusted adult if they are bullied online.
- Tell your child not to share their passwords with others.
- Remind your child to only give their mobile number or personal information to trusted friends.
- Talk with your child and understand the ways in which they are using the internet and their mobile phone.
- Find out the age restrictions for the sites and applications your child wants to use.
- Depending on the age of your child, set up your own accounts and 'friend' your child. By doing this, you can understand how the site's privacy settings work, see what your child posts online and how your child responds to posts made by others.
- Make sure that your child's account settings are set to 'private' to control who sees their information.
- Know how to block unwanted users.
- Encourage your child to only be friends online with people they know in day-to-day life.
- Remind your child to think carefully before they post comments, or upload or send images online.

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